

	J	F	M	A	M	J	J	A	S	O	N	D
Artichaut			●	●				●	●			
Asperge			●	●	●	●						
Aubergine	●	●	●					●	●			
Bette (poirée)				●	●	●●	●	●	●			
Betterave rouge				●	●	●		●	●	●		
Brocoli, vert				●●	●	●	●	●	●	●		
Carotte		●●	●●	●	●	●	●●	●	●	●	●	
Céleri à côtes/rave		●	●	●●					●	●	●	
Céleri à couper		●	●	●	●●	●●	●●	●●	●●	●	●	●
Cerfeuil			●	●	●●	●●	●●	●●	●●	●		
Chicorée à café					●						●	
Chicorée/chicorée rouge	●	●			●	●				●	●	●
Chicorée frisée				●	●●	●	●●	●	●	●		
Chicorée frisée à couper				●	●	●●	●●	●	●	●		
Chicorée sauvage						●	●	●			●	●
Chou blanc pointu		●	●	●					●	●	●	●
Chou chinois							●	●	●	●		
Chou de Bruxelles	●		●	●	●					●	●	●
Chou de Milan	●			●	●					●	●	●
Chou-fleur		●	●	●●	●	●	●	●	●	●		
Chou-fleur d'hiver					●	●	●					
Chou frisé	●			●	●	●	●			●	●	●
Chou-navet rutabaga				●	●	●	●			●	●	
Chou-rave			●	●	●●	●●	●●	●	●	●	●	
Chou rouge			●	●						●	●	
Concombre – pleine terre				●	●●	●		●	●	●		
Concombre – sous verre		●	●	●			●	●	●			
Cornichon				●	●	●	●	●	●			
Courgette				●	●		●	●	●	●		
Épinard		●●	●●	●●	●●	●●	●●	●●	●●	●	●	
Fenouil						●	●		●	●		
Haricot			●	●	●	●	●●	●	●	●		
Haricot – fève		●	●	●		●	●					
Laitue	●	●	●	●	●●	●●	●●	●●	●	●		
Mâche	●						●	●	●●	●●	●	●
Maïs sucré				●	●			●	●			
Melon				●	●		●	●	●			
Melon d'eau				●	●			●	●			
Navet potager				●	●	●	●●	●●		●	●	
Oignon à confire			●	●	●		●	●	●			
Oignon jaune/rouge			●	●	●			●	●			
Oseille			●	●●	●●	●		●	●		●	●
Panais	●			●	●					●	●	●
Persil			●●	●	●	●●	●●	●●	●●	●	●	
Persil tubéreux			●	●						●	●	
Pissenlit		●	●	●●	●							
Poireau	●	●●	●●	●●	●			●	●	●	●	●
Pois		●●	●	●		●	●	●				
Poivron/piment		●	●					●	●	●		
Potiron				●	●●			●	●	●		
Pourpier			●	●●	●●	●●	●●	●●	●	●		
Radis	●	●	●●	●●	●●	●●	●●	●●	●●	●		
Radis noir						●	●		●	●		
Roquette			●	●	●●	●●	●●	●●	●	●		
Scorsonère	●			●	●						●	●
Tomate		●	●				●	●	●	●		

● semis en pleine terre ou en couche  
 ● semis sous verre

●● semis en pleine terre ou sous verre  
 ● récolte